

## NEEDS ASSESSMENT

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

INSTRUCTIONS: In order to help the Upward Bound staff assess your needs and develop a plan of service for you, we need to know what you think you need. Please read through the following list and indicate whether you think you have a "HIGH NEED", "SOME NEED", or "NO NEED" for help and/or improvement in that area.

### ACADEMIC SKILLS

<b>Writing</b>	HIGH NEED	SOME NEED	NO NEED
Punctuation			
Grammar			
Spelling			
Sentence Construction			
Paragraph Construction			
Organization (putting your thoughts down)			
Writing reports/essays for classes			
Research information for papers			

<b>Reading</b>	HIGH NEED	SOME NEED	NO NEED
Vocabulary			
Reading Speed			
Comprehension (understanding)			
Retention (remembering)			
Flexibility (adjusting speed/comprehension)			

<b>Math</b>	HIGH NEED	SOME NEED	NO NEED
Basic Math			
Basic Algebra			
Word/Story Problems			
Advance Math - specify:			

<b>Personal Counseling</b>	HIGH NEED	SOME NEED	NO NEED
Finances & personal budgeting			
Interpersonal relationships			
Building self-confidence			
Knowing myself			
Working through a personal problem			
Family problem(s)			

<b>Post-Secondary Needs/College</b>	HIGH NEED	SOME NEED	NO NEED
Deciding where to go			
Applying for admissions			
Applying for financial aid			
Finding housing			

<b>Speaking/Communicating</b>	HIGH NEED	SOME NEED	NO NEED
Pronunciation of new words			
Speaking before groups			
Speaking with others in a conversation			
Expanding my vocabulary			
Learning to speak English properly			
Speaking grammatically correct			

<b>Learning/Studying</b>	HIGH NEED	SOME NEED	NO NEED
Scheduling my time properly			
Study habits			
Studying for tests			
Taking tests			
Taking notes in class			
Library research skills			

**NON-ACADEMIC SKILLS**

<b>Career Choices</b>	HIGH NEED	SOME NEED	NO NEED
Deciding educational goals			
Exploring career options			
Identifying career interests			

<b>Personal Motivation</b>	HIGH NEED	SOME NEED	NO NEED
Attending classes regularly			
Studying/doing homework			
Attitude toward school			
Deciding on priorities			

**Please list and explain any other needs you may have.**

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